



FOR IMPACTS IN SOCIAL HEALTH - FIS -

"Simple Actions for Greater Impacts"

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 82 05 Ligne Verte Infos et écoute

GOOD PRACTICE



« I am passionate to save lives »

Says

**Madam Nganomo Epse BITOMO
President of CIBSANTE**

45 years of experience as a state nurse on retirement, she runs a health facility at the MESSASSI neighborhood of Yaoundé and she is passionate to save lives through her benevolent interventions the community she lives in the domain of health especially tuberculosis. Due to her humanitarian feeling for the destitute, she contributes a lot in the fight against tuberculosis through service delivery where she collects and transfer sputum of suspected TB cases for diagnosis. Once diagnosed positive, she refers the case to any nearby treatment center and ensures that while on treatment, adherence and support follows for the patient till treatment is complete. A case in point is that of a certain Mr. ZENKOBBO Emmanuel she narrates:

"In May 2016, he came to my health facility coughing and I did receive him. After a moment of interrogation, I noticed that the cough had lasted for three weeks and I counseled him to do a TB diagnosis. He did the first sputum smear, he brought it I asked him to do a second one which he did and I transported it myself to the Olembe District Hospital. Pending the outcome of the result I put him on Bactrine treatment. when the results came out, he was diagnosed TB positive and I took him myself again to the TB Treatment Center which is integrated at the Olembe District Hospital for treatment since it is free of charge and the drugs were available. I left him there in the hands of the technical team for him to continuously taken his treatment. Later, when the drugs were given to him I called him to assist and follow up the taken of the drugs because at one point he found it difficult continuing with the drugs, but with my advice, encouragement and concern he stocked to his treatment right up till when he was treated. Giving that he was really broke, often times I will call him and offer him mineral water, fruits etc. and we became good friends (she laughs). During his treatment, he was not complicated. Remember they were four of them, but the other three went out of the treatment circuit and I couldn't find them, but Mr. ZENKOBBO was faithful to his treatment and today he is fine. I am happy for him".

The example of Madam Nganomo Epse BITOMO is worth emulating to saving lives of the community where you live. Good must not be done only to your close relative.

A Good practice collected by EKOI Edwin, PO FIS Cameroon.